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Prep time: 10 mins | Cook time: 1 1/4 hours | Yield: 12-16 servings

DESCRIPTION

Tart lemon juice and sweet blueberries come together in this recipe to create a refreshing lemon blueberry loaf. This recipe is vegan, oil-free, and refined sugar-free!

INGREDIENTS

- 2 1/2 cups whole wheat flour
- 11/4 cup almond flour
- 11/4 cup almond milk
- 3/4 cup maple syrup
- 1/2 cup lemon juice
- 3 flax eggs
- 1 tablespoon baking powder
- 1 teaspoon salt
- 2 cups blueberries

INSTRUCTIONS

- 1. In a large bowl, mix together almond milk, maple syrup, lemon juice, and flax eggs
- 2. Add in whole wheat flour, almond flour, baking powder, and salt
- 3. Once all ingredients are well combined, fold in blueberries
- 4. Transfer batter to a square baking pan sprayed with cooking oil
- 5. Bake at 350°F for 75 min or until a toothpick comes out clean from placing in the center of the loaf



DID YOU MAKE THIS RECIPE?

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