

CACAO ENERGY BITES

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Prep time: 10 mins | Cook time: 30 mins | Yield: 16 energy bites

DESCRIPTION

Rich cacao powder is combined with only three other ingredients to create a brownie batter-like treat. This recipe is vegan, gluten-free, and refined-sugar free!

INGREDIENTS

- · 2 cups oat flour
- 1/2 cup peanut butter
- 1/4 cup cacao powder
- 1/2 cup maple syrup

INSTRUCTIONS

- 1. In a large bowl, mix together peanut butter and maple syrup
- 2. In a separate bowl, combine oat flour and cacao powder
- 3. Fold the dry ingredients into wet ingredients and mix until well combined
- 4. Roll the dough into 16 balls
- 5. Place in a refrigerator or freezer for 30 minutes
- 6. Roll balls in extra cacao powder to coat
- 7. Enjoy energy bites immediately or store them in a refrigerator or freezer and enjoy later



DID YOU MAKE THIS RECIPE?

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